



## Bill of Rights For Children With Separated Parents

1. The right to freedom from pressure to “choose sides” between their parents.
2. The right to freedom from the details of legal proceedings between their parents.
3. The right to freedom from hearing negative comments about the other parent’s personality or character.
4. The right to privacy when talking to a parent on the telephone.
5. The right to freedom from cross-examination by a parent about visits with the other parent.
6. The right to freedom from the role of messenger between parents.
7. The right to freedom from requests by a parent to lie to the other parent.
8. The right to freedom from the role of confidant in adult matters and legal proceedings.
9. The right to express feelings, whatever those feelings may be.
10. The right to keep feelings private.
11. The right to protection from parental “warfare.”
12. The right to freedom from guilt for loving both parents.